

Empowering the Dietitian

IDHCC

Spring Conference

Friday, April 19, 2024

AGENDA

7:30-8:00	Breakfast
7:45-8:00	Welcome/Opening Remarks
8:00-8:45	Communicating the RDN Value through Productive Conversations
8:45-9:00	Business Meeting
9:00-10:00	Bringing Your Regulated Self: To ALWAYS Do the Right Thing
10:00-10:15	Break
10:15-11:15	The Hospice Benefit: How It Feeds Into Your Role
11:15-12:30	Communication Check-in/ Lunch/Vendor Fair
12:30-1:30	Being Your Own Boss-What You Need to Know
1:30-1:45	Break
1:45-2:45	Setting Yourself Up for Success with a Small Business: The Logistics
2:45-2:55	Break
2:55-3:55	Geezers, Gray Hairs, & Geriatrics: Ageism in the Work We Do
3:55-4:15	Wrap Up

Holiday Inn Express & Suites
Conference Center
2502 S. Hulsizer Rd.
Ankeny, Iowa 50021

Presenters:

The Guilt-Free RD and host of Sound Bites podcast Melissa Joy Dobbins, MS, RDN, CDCES will provide insight into communication strategies and techniques as applicable to the RDN field. Facilitate application of this session to today's world.

Nutrition Consulting's Kristin Klinefelter, MS, RDN, LDN offers the science behind self-regulation, and techniques to regulate your nervous system in stressful situations. Participants will understand the Ethical Decision Making Model and apply to real-life situations.

St. Croix Hospice's Megan DuBay breaks down Hospice: what it is, qualifying criteria, services, assessment, and the RD role.

Iowa Small Business Development Center's Jenica Johnson pairs up with local business owners Jessica Schroder, RDN, LD and Jocelyn Evans, RD, LD, CSG to give insight into business/entrepreneurship basics; and hear about personal journeys within business ownership.

Tim Gartin of Hastings and Gartin Law; Kyle Woiwood, CPA at Uhy Advisors; Andrew Ricklefs of Knapp Tedesco Insurance; and Katelyn Scheuermann, MPP-D, RDN, LD and Cat Rudolph, MS, RD give an overview into the legalities involved with business ownership and licensure.

Iowa Health & Human Services Division of Aging & Disability's very own Ashley Danielson, RDN, LD; Erin Hoisington, RDN, LDN; and Elizabeth Fridley, RDN, LD provide insight into the Nutrition & Aging Resource Center, and discuss ageism and how it can impact one's work.

Early registration (by March 31): \$100

Late registration (on or after April 1):
\$125

Register @ eatrightiowa.org>IDHCC