

## RESOURCES FOR THE CONSULTANT DIETITIAN

- Nutrition Related Organizations
  - Academy of Nutrition and Dietetic [www.eatrightpro.org](http://www.eatrightpro.org)
  - DHCC dpg <https://dhcc.eatrightpro.org/home>
  - HA dpg <https://www.hadpg.org/>
  - NE dpg /Private Practice subgroup <https://www.nedpg.org/>
  - Iowa Academy of Nutrition and Dietetics <https://www.eatrightiowa.org/>
  - Association of Nutrition and Foodservice Professionals <https://www.anfponline.org/>
  
- CMS
  - [https://www.cms.gov/Regulations-and-Guidance/Guidance/Manuals/downloads/som107ap\\_pp\\_guidelines\\_ltcf.pdf](https://www.cms.gov/Regulations-and-Guidance/Guidance/Manuals/downloads/som107ap_pp_guidelines_ltcf.pdf)
  - <https://www.cms.gov/Medicare/Provider-Enrollment-and-Certification/GuidanceforLawsAndRegulations/Nursing-Homes>
  - <https://www.cms.gov/Medicare/Provider-Enrollment-and-Certification/SurveyCertificationGenInfo/Policy-and-Memos-to-States-and-Regions>
  - [https://downloads.cms.gov/files/mds-3.0-rai-manual-v1.17.1\\_october\\_2019.pdf](https://downloads.cms.gov/files/mds-3.0-rai-manual-v1.17.1_october_2019.pdf)
  
- State of Iowa
  - Chapter 58 Nursing Facilities  
<https://www.legis.iowa.gov/docs/iac/chapter/481.58.pdf>
  - Chapter 59 Assisted Living <https://www.legis.iowa.gov/docs/iac/chapter/481.61.pdf>
  - Chapter 57 General Provisions for Elder Group Homes, Assisted Living Programs, and Adult Day Care Services  
<https://www.legis.iowa.gov/docs/ACO/chapter/481.67.pdf>
  - Chapter 231C Assisted Living Programs  
<https://www.legis.iowa.gov/doc/code/2012/231C.pdf>
  - Chapter 31 Food Establishment and Food Processing Plant Inspections  
<https://www.legis.iowa.gov/docs/iac/chapter/481.31.pdf>
  - IDPH <https://idph.iowa.gov/Contact-Us/Address-Phone-Hours-of-Operation>
  
- Food Safety
  - <https://www.fda.gov/food/fda-food-code/food-code-2017>
  - <https://www.servsafe.com/>
  - <https://alwaysfoodsafes.com/>
  - <https://restaurant.org/home>
  - <https://www.cdc.gov/foodsafety/index.html>
  - <https://www.foodsafetynews.com/foodborne-illness-outbreaks/#.UE5932t5mK1>
  - <https://www.fightbac.org>
  
- Healthcare Emergency Management
  - <https://asprtracie.hhs.gov/>
  - <https://www.cms.gov/Medicare/Provider-Enrollment-and-Certification/SurveyCertificationGenInfo/Policy-and-Memos-to-States-and-Regions>
  - <https://www.fda.gov/food/food-code/food-code-2017>
  - <https://www.servsafe.com/>
  - <https://alwaysfoodsafes.com/>
  - <https://restaurant.org/home>
  - <https://www.cdc.gov/foodsafety/index.html>
  - <https://www.foodsafetynews.com/foodborne-illness-outbreaks/#.UE5932t5mK1>
  - <https://www.fightbac.org>

- <https://www.fema.gov/disasters>
- <https://mealsforall.com/>
- COVID
  - <https://www.cdc.gov/coronavirus/2019-ncov/communication/print-resources.html?Sort=Date%3A%3Adesc>
  - <https://www.anfponline.org/>
  - <https://www.who.int>
  - <https://www.fema.gov/disasters/coronavirus>
  - <https://www.eatrightpro.org/coronavirus-resources>
  - [https://www.cms.gov/About-CMS/Agency-Information/Emergency/EPRO/Current-Emergencies/Current\\_Emergencies-page](https://www.cms.gov/About-CMS/Agency-Information/Emergency/EPRO/Current-Emergencies/Current_Emergencies-page)
- SNF and ALF Organizations
  - <https://www.ahcancal.org/Pages/default.aspx>
  - <https://www.mcknights.com/>
  - <https://iowahealthcare.org/>
  - [www.leadingageiowa.org](http://www.leadingageiowa.org)
- Nutritional Analysis
  - <https://fdc.nal.usda.gov/ndb/search>
  - [https://www.dietaryguidelines.gov/sites/default/files/2020-12/Dietary\\_Guidelines\\_for\\_Americans\\_2020-2025.pdf](https://www.dietaryguidelines.gov/sites/default/files/2020-12/Dietary_Guidelines_for_Americans_2020-2025.pdf)
  - <https://cronometer.com/> (track nutrition, fitness and health data)
  - <https://www.computrition.com/>
  - <https://esha.com>
  - <https://dietmastersoftware.com>
- HR
  - [shrm.org](http://shrm.org)
  - <https://www.dol.gov/agencies/whd/flsa>
  - <https://www.td.org>
- MNT
  - <https://www.nutritioncaremanual.org/>
  - <https://eatrightiowa.org/simplifieddiet>
  - <https://ncpro.org/nutrition-care-process>
  - <https://www.abbott.com/for-healthcare-professionals.html>
  - <https://www.nestlenutrition-institute.org/>
  - <https://www.nutricia-na.com/hcp.html>
  - <https://www.hormelhealthlabs.com/>
  - <https://iddsi.org/>
  - <https://npiap.com/page/Guidelines>

- Journals, Magazines. websites etc.
  - <https://jandonline.org/>
  - <https://pioneernetwork.net>
  - Food Management <https://www.food-management.com/>
  - Food Service Director <https://www.foodservicedirector.com/>
  - EatRight Weekly  
<https://www.eatrightpro.org/membership/member-benefits/publications-and-subscriptions>
  - McKnights <https://www.mcknights.com/>
  - Today's Dietitian <https://www.todaysdietitian.com/>
  
- Calculators
  - <https://qxmd.com/calculate/>
  - <http://touchcalc.com/>
  - [https://www.nhlbi.nih.gov/health/educational/lose\\_wt/BMI/bmicalc.htm](https://www.nhlbi.nih.gov/health/educational/lose_wt/BMI/bmicalc.htm)
  
- Food/Drug Interaction
  - <https://pdr.net/drug-summary/>
  - <https://medlineplus.gov/druginformation.html>
  - Meded101 Guide to Drug Food Interaction (Christianson)
  
- Manuals and Books
  - Nutrition Care of the Older Adult (Niedert ed.)
  - Geriatric Nutrition (Chernoff)
  - Becky Dorner Manuals <https://www.beckydorner.com/>
  - Making Nutrition Your Business (Silver and Stollman—available from the Academy)
  - Case Software and Books <https://www.casesoftware.com/ProductCart/pc/home.asp>
  - International Nutrition Diagnostic Terminology  
<https://www.ncpro.org/encpt-2019-edition-released>
  - Nutrition and Diagnostic-Related Care, 9<sup>th</sup> Ed (Escott-Stump)—in process of being printed
  - Nutrition Focused Physical Exam Pocket Guide  
<https://www.eatrightstore.org/product-type/pocket-guides/nutrition-focused-physical-exam-pocket-guide-second-edition>
  
- Recipes
  - Food for Fifty, 14<sup>th</sup> Edition
  - Flavorful Fortified Food – Recipes to Enhance Life  
<http://www.flavorfulfortifiedfood.com/>