**Sample Congratulations Letter for Elected Officials**

It is so important to continue to build the relationship with your legislator whenever possible. Sending a congratulations letter after the election is a small but important way to keep communications open with your elected official. Below is a sample letter that you can use this November.

Date

Dear Senator/Representative (last name here),

Congratulations on your election victory this November!

My name is (your name), and I wanted to just send a quick congratulations on your election win. Aside from being your constituent, I am also a [insert registered dietitian nutritionist (RDN) or nutrition and dietetics technician, registered (NDTR)] and a member of the Iowa Academy of Nutrition and Dietetics. The Iowa Academy represents over 900 credentialed and licensed practitioners in Iowa.

As an [insert RDN or NDTR], it is my job to help improve the health of patients and clients through food and nutrition counseling and education. As a member of the Iowa Legislature, you will have the ability to influence food and nutrition policy that has a direct impact on my profession and the health of Iowans. As you go forward in your role, representing myself and this district, I look forward to meeting with you and discussing the importance of food and nutrition policy and how it can have a positive impact on our state’s health.

Once again, congratulations and good luck in the 2021 legislative session.

Sincerely,

(Your name)

*Note: This is only a sample letter/email. Remember, the more personal you can make the message the better.*