



**Annual Iowa Celiac Sprue Conference
Health Professional Continuing Education Program
Diagnosis and Management of Celiac Disease**

Saturday, September 23, 2006

AEGON Building at 4333 Edgewood Rd. NE, Cedar Rapids, Iowa

The Hawkeye Area District Dietetic Association and the Cedar Rapids/Marion Hy-Vee Dietitians invite you sharpen your knowledge of the diagnosis and treatment of Celiac Sprue. "Celiac disease is considered to be the most under diagnosed common disease today, affecting 1 in every 130 to 200 people in North America. New research indicates it is twice as common as Crohn's disease, ulcerative colitis and cystic fibrosis combined." (Case. *Gluten-Free Diet: A Comprehensive Guide*)

Take advantage of the opportunity to learn from nationally and internationally recognized celiac disease experts, Shelley Case, Registered Dietitian, celiac consultant and author; David Elliott, MD, PhD, Director, University of Iowa Celiac Disease Clinic and Chef Anna Sobaski.

By attending this conference you will be able to:

- Name at least 5 often-overlooked symptoms of Celiac Disease

- Identify appropriate diagnostic tools
- Identify specific treatment strategies and common unrecognized gluten sources
- Recognize the food challenges of following a gluten-free diet by tasting gluten-free foods
- Interact with individuals who live with celiac disease
- 3.0 hours of Continuing Professional Education for Registered Dietitians. Certificates of Attendance will be provided to all program attendees.

Conference Provided by our Continuing Professional Education sponsors:

Hy-Vee, Inc. West Des Moines, IA • Iowa Celiac Sprue Association
University of Iowa Celiac Disease Clinic • Cream Hill Estates, LaSalle, Quebec

CPE Program Schedule: Saturday, September 23, 2006

7:45-9:00 AM: Registration and Food Fair. Sample and purchase many new gluten-free foods.

9:00 AM: Celiac Disease: Epidemiology, Pathophysiology, Diagnosis, and Care. Presented by David Elliott, MD, PhD, Director, Celiac Disease Clinic, University of Iowa

10:00 AM Break

10:15 AM: The Gluten-Free Diet: What Every Health Professional Needs to Know. Presented by Shelley Case, BSc.,RD, Case Nutrition Counseling, Regina, Saskatchewan, Canada

11:30 AM: The Challenge of Using Non-traditional Flours for Gluten-free Baking. Presented by Anna Sobaski, MFA, BA, Gluten Evolution, LLC, Iowa City

NOON: Gluten Free Lunch served in Aegon dining room Pork Loin with sauces. Chicken Rice Casserole Roasted White and Sweet Potatoes with Baby Carrots, Salad Bar and Dessert Bar (desserts made by program attendees)

1:00 PM: What's New and What's Not in the World of Gluten-Free (Lay session, professionals welcome to attend) Presented by Shelley Case, BSc., RD

2:30 PM: Program Close

To Register, Please Complete The Form Below

Name _____

Street Address _____

City _____

State _____ Zip code _____

Daytime phone _____

E-mail _____

Profession

Please Circle Your Professional Affiliation

MD

Hawkeye Area District Dietetic Association member

Registered Dietitian

Nurse LPN, RN

Nurse Practitioner

Physician Assistant

Chiropractor

Other: _____

Registration Fees

Early registration must be postmarked no later than September 10, 2006.

Please circle fees that apply and write in total.

Early Registration Continuing Education Session (3 CPEs).....	\$30
Registration after September 10.....	\$40
Gluten-free Luncheon.....	\$8
Bone Density Screen by Hy-Vee Dietitians (limited to first 50 registrations).....	\$10
Total fee enclosed.....	_____

Please make checks payable to HADDA

Send completed registration form and payment to

Donna Hemmingway, RD, LD

HADDA Treasurer

5544 280th St. NE, Iowa City, IA

Questions? Contact Judy Fitzgibbons, 319-365-0477 or 1054dietitian@hy-vee.com

(Between Sept. 2 and Sept.18, please direct questions to Lori Willett, 319-365-4623 or 1063dietitian@hy-vee.com)